kaleidoscope
center for the arts

CRISIS IN HAITI

Benefits Doctors without Borders

SATURDAY, FEBRUARY 27th 2pm to 6:30pm

HEALTH AND WELLNESS EVENT

Followed by:

OPEN HOUSE MUSIC JAM

This event is appropriate for families and children of all ages

Highlights of the Day:

Are you tired of sick kids? Are the foods they are eating making them sick? Linda Hom, nutritionist
2:15—2:45

Suggested Donation $20/Family

Families that exercise together stay healthy together! Demo by Spa Lady and Frank Blenman, MS, PES, CSCS
2:45-3:15

Taekwondo Open Demo: Williams Taekwondo, Mark Williams, National Champion & National Team Coach, USA Taekwondo BOD
3:15-3:45

Music Jam
4:30-6:30
Whole Family!
Bring anything you Make music with!

Messy Artist will provide fabulous art activities for kids throughout the day!

Email RSVP: mtwithkelly@verizon.net

Kaleidoscope Benefit for Haiti RSVP:mtwithkelly@verizon.net